



CalWORKs

EDUCATION THAT WORKS!

Newsletter

SPRING 2024



Support from Application to Graduation

Reaching out for assistance can make your college experience easier. CalWORKs students are encouraged to explore the resources, services and support groups available to you.

We look forward to serving you!

Call:
(951) 571-6154

Office:
Humanities Building,
Second Floor, Room 223A

Virtual:
Webpage: mvc.edu/calworks
Zoom meeting ID: [95065168618](https://mvc.edu/calworks)

Hours:
Monday - Thursday, 8 am - 4:30 pm
Friday, 8 am - Noon

Services We Offer

- Financial aid, academic, personal, and career counseling
- Student Education Plans
- Priority registration
- Computer lab with internet & printing
- Career pathway planning
- Assistance with resume, cover letters and interviewing
- Educational and occupational assessments
- Referrals to campus and community resources



Career Exploration Events

The CalWORKs program honor's National Professional Social Work Month. Career Spotlight on Social Work, took place on March 19, 2024, with the theme "From MVC to MSW." This event featured six former MVC students sharing their journeys towards achieving their academic goal of MSW and pursuing careers as professional social workers. Notable attendees included:

- BSW students Lily Grijalva and Carlton Barstow, currently interning as CARE Navigators at the Wellness Center with the Basic Needs and at CSUSB.
- Sandra Davis, an MSW student at Loma Linda University, and therapy intern at Kaiser Permanente in Riverside.
- Ashley Bond, ACSW, MSW an investigative social worker for Riverside County Adult Protective Services, Kyla (Burdette) Montgomery, BSW, ACSW, PPSC, MSW, is a school social worker at Vista Del Lago and an adjunct counselor at MVC.
- Valencia Ferrell (Turner), BSW, ACSW, PPSC, MSW, serves as a school social worker at Vista Heights Middle School in Moreno Valley and an adjunct Human Services professor at MVC.



Kyla, Terrie & Sandra

Career Exploration Field Trips



Current MVC students experienced a guided tour of the Children's Assessment Center in San Bernardino. CAC provides forensic interviews and evidentiary medical examinations to assist in the evaluation of child abuse allegations. CalWORKs and EOP&S/CARE took nine students to the Children's Assessment Center in San Bernardino on Friday March 22, 2024. This center, a collaboration between Loma Linda University and the San Bernardino Department of Children & Family Services, showcased the diverse roles of social workers in child advocacy and justice.

The CAC employs a variety of social workers for 5 distinct roles: Forensic Interviewer, Clinical Therapist, Child Protection, Resiliency Institute of Child Advocacy (RICA), Medical Social Worker, who all support children and families that go to the CAC. The students gained valuable insights from professionals such as forensic social work interviewers, a forensic pediatrician, forensic RNs, a clinical therapist, a crimes against children detective, victim witness advocates, and even met therapy dog Lane. Former MVC student Javarri Hides, LCSW, MSW, now working as a clinical therapist at the CAC, credited his success to the guidance received from Ms. Terrie Hawthorne, ACSW, MSW his former counselor at MVC.

These events not only celebrated the achievements of our alumni but also provided invaluable learning experiences and career insights for current students. The positive impact on student engagement and career aspirations reflects the dedication and effectiveness of our programs in fostering professional growth and success.

Career Pathway Planning Tools



Vitanavis will help you better understand yourself and how your strengths, interests, and values align to educational programs and potential career paths.

mvc.edu/go/vitanavis



Jobspeaker matches a student's classes, skills, and college major with current job opportunities and career-related activities happening on- and off-campus. Students and employers are welcome to leverage this powerful tool!

mvc.edu/go/jobspeaker

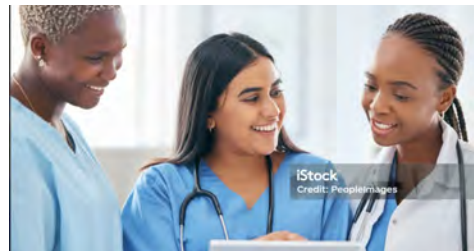
Career Spotlight Workshops

CalWORKs at MVC is proud to host Career Spotlight workshops featuring local professionals who share their experiences from community college and transfer to working in the career of their dreams. Past workshops featured panelists working in fields such as:

- College Careers
- Counseling
- Criminal Justice
- Dental
- Entrepreneurship
- Human Resources
- Law Enforcement
- Marketing
- Nursing
- Social Work
- Teaching

And many more! Check the Workshops section for information on upcoming Career Spotlights.

Upcoming Field Trips



Loma Linda University

11234 Anderson St.

Loma Linda, Ca 92354

April 9, 2024

8:30 am - 2 pm

Touring

- Medical Simulation Lab
- Cadaver Lab
- Embryology Museum

Presentations from

- School of Nursing
- Medical Sonography
- Radiology
- Dental Hygiene

and much more

*Lunch will be provided



Visit us on MVC.Edu/CalWORKS



Student Parents Are Reimagining CalWORKs

What is SPARC?

Parenting CalWORKs students at **Moreno Valley College** are conducting their own research regarding conditions and barriers within the public assistance and higher education systems. They are designing solutions that make sense to the families living within those systems, and they are prototyping and advocating for the implementation of new ideas and out-of-the-box solutions to systems leaders and policy-makers.



Current SPARC leaders and Advisors

MORENO VALLEY COLLEGE

Student-Parents

You're not alone!

Join us every Friday on zoom
9 - 10 am & on the GroupMe app

Zoom



GroupMe



SPARC Club



Brought to you by

- EOPS/Next Up/Care/GS
PSC 14 (951) 571-6253
- CalWORKS
HMS 223A (951) 571-6154
- Health & Wellness Center
PSC 6 (951) 571-6103
- Basic Needs Department
PSC 17B (951) 571-6263
- CCAMPIS
(951)571-6214

Lactation Room

Location: Welcome Center Building, Room 165

Hours: Monday and Thursday: 8 am - 4 pm

Tuesday and Wednesday: 8 am - 6 pm

Friday: 8 am - Noon

The Riverside Community College District does not discriminate on the basis of race, color, national origin, sex, disability, or age in its programs and activities. The following person has been designated to handle inquiries regarding the nondiscrimination policies or practices: District Compliance Officer, 3801 Market Street, Riverside, CA 92501, or (951) 222-8039.

A word from your MVC SPARC leaders:

Veronica

Children: 6
Major: Social Work
"I was ready for a break & Career Spotlight renewed my excitement to transfer!"

Monica

Children: 3
Major: Social Work
"Meeting different types of social workers inspired me. I'm ambitious to join forces!"

Rosemary

Children: 7
Major: Social Work
"Together, we can make our voices heard."

Andrea

Children: 1
Major: Social Work
"I am proud to support the Autism community through this role."

SUPPORTING PARENTING STUDENTS WHO ARE CHANGING TWO GENERATIONS AT A TIME.

Community Resources

Laptop Loans

Eligible CalWORKs students can borrow a laptop from the CalWORKs program for one semester at a time. You will be able to check out a laptop each semester, there is no limit. Eligibility will be confirmed each semester, and a new agreement must be signed each and every semester.

If interested, please follow this process:

Send an email to "calworks@mvc.edu" stating that you would like to loan out a laptop for which semester and provide your First Name, Last Name, Student ID. Your eligibility will be confirmed. If confirmed eligible, you will receive an email inviting you to come to the CalWORKs office to sign a Laptop Loan Agreement and pick up the laptop.

The Laptop is DUE BACK to CalWORKs on the first day following the end of the semester, and there will be a mid-semester check.

Eligibility Requirements: Current Proof of Cash Aid on file with the MVC CalWORKs office & Enrolled in at least 1 Unit at MVC

FIRST COME, FIRST SERVED. WHILE SUPPLIES LAST

\$250 Stipend

MovaLearns

Moreno Valley residents who are currently enrolled in classes at MVC may be eligible to receive a monthly cash stipend. For more info, call (951) 413-3460.

MVC Dental Services

Services are provided for adults and children.

Call to schedule an appointment.

Phone: (951) 571-6435

Webpage: mvc.edu/dental-clinic

Free/Low-Cost Legal Aid

Inland Empire Latino Lawyer Association

2060 University Ave.
Suite 113
Riverside, CA 92507

Phone: (951) 369-3009

Riverside Legal Aid

4129 Main Street,
Suite 101
Riverside, CA 92501

Phone : (951) 682-7968

Safe Family Justice Center

3900 Orange Street
Riverside, CA 92501

Phone: (951) 955-6100

Free College Fund

1st-12th grade students

All participants receive a seed deposit in a CalKIDS account to help pay for future education after high school.

For eligibility, visit calkids.org

Visit us on MVC.Edu/CalWORKS

Community Resources

Utility Assistance



Catholic Charities is offering utility assistance and additional resources. Please contact for more information on services
Contact number: (951) 689-1803
Address: 3020 Madison St.,
Riverside, CA 92504

CITY OF MORENO VALLEY A CHILD'S PLACE AFTER SCHOOL PROGRAM



Armada Elementary
25201 John F Kennedy Drive - Room #25
(951) 485-8365 LIC 33480965

Rainbow Ridge Elementary
15950 Indian Street - Portable P-1
(951) 485-9846 LIC 334803516

Creekside Elementary
13563 Heacock Street Room #33
(951) 697-8968 LIC 334816836

Sunnymead Elementary
24050 Dracaea Avenue - Portable P-3
(951) 653-6537 LIC 334818292



Movin' Thru Moval Mobile Community Center is a traveling, and free drop-in program that is designed to bring endless enjoyment and other resources to residents within Moreno Valley parks.

Our program is designed for youth ages 5-12, offering a wide range of thrilling and engaging activities to keep them entertained all summer long. The program will be held at various City parks from 2 pm - 5 pm.

Schedule

Schedule is subject to change due to inclement weather. To check program status, please call the Field Conditions Hotline at 951-413-3730.

NOTE: Movin Thru Moval will be going out from 10a-1p on Spring Break from March 18th – 29th.

- Monday: Towngate Park
- Tuesday: Shadow Mountain Park
- Wednesday:
 - 1st and 3rd Wednesday of the Month: Rock Ridge Park
 - 2nd and 4th Wednesday of the Month: Woodland Park
- Thursday: Celebration Park
- Friday: El Potrero Park

Farmer's Market

Find fresh, affordable produce and local goods right at MVC

10 am - 2 pm
First and Third Tuesday
in Coudures Plaza

Open to the Public

MORENO VALLEY COLLEGE

Learn more at mvc.edu/farmers-market.
WIC and EBT benefits accepted by select vendors for select fresh produce.



Visit us on MVC.Edu/CalWORKS

Basic Needs Department

Helping Students Thrive

The Moreno Valley College Basic Needs department services include food, clothing, housing, and financial resources, and summarizes the essential elements that students need to thrive. Providing access to these needs serves to support student success and well-being.

Please visit the website for more information: www.mvc.edu/basic-needs

Monty's Market at MVC

Free food for students, no questions asked Monty's Market seeks to alleviate student challenges by gathering donations in response to the needs of our students. We are committed to fulfill the needs of MVC lions through food distribution and support services. Distributions are free to enrolled students in need.

Monty's Market assists any currently enrolled MVC student who may be experiencing hardship or food insecurity. Students may receive one bag of food, household and hygiene products per week. Walk-in shopping during market hours does not require registration, while pick-up and delivery distribution does.

Clothing Closet at MVC

Moreno Valley College's Clothing Closet provides students with the proper and professional clothing attire needed for an interview, career fair and first jobs. These services are available to students at no cost provided they complete the application and eligibility requirements. Students may browse our selection by appointment in PSC-17. Call (951) 571-6250 to learn more.

Monty's Market Hours

- Monday, 10 am - 3 pm
- Tuesday, 10am - 5 pm
- Wednesday, 10 am - 3 pm
- Thursday, CLOSED
- Friday, 9 am - 12 pm

Phone: (951) 571-6263

Location: PSC 17A



SPRING 2024
LUNCH WITH HANNAH & TERRIE
BOOK CLUB
OWN YOUR GREATNESS
SIGN UP FOR THIS WORKSHOP AT: WWW.MVC.EDU/CALWORKS-EVENTS
WEDNESDAYS
SAS #120 12:30-1:45 PM
(IN-PERSON)
*Not Held 3/20 & 4/10

Learn how to make small changes to feel more confident, succeed, set and reach goals as we read the book "Your Unstoppable Greatness".

DIVERSE COMMUNITY COLLEGE DISTRICT IS COMMITTED TO PROVIDING ACCESS AND REASONABLE ACCOMMODATION TO ALL DISTRICT PROGRAMS AND ACTIVITIES. ACCOMMODATIONS FOR PERSONS WITH DISABILITIES MAY BE REQUESTED BY CONTACTING THE PROGRAM/STAFF DIRECTOR, NOTICE (EMAIL @ MVC) 571-6406 OR THE OFFICE OF DIVERSITY, EQUITY AND COMPLIANCE AT (951) 222-8839 within 3 days of event. REQUESTS RECEIVED AFTER THIS DATE WILL BE HONORED WHENEVER POSSIBLE.



LUNCH PROCESS
Pick up a **FREE** lunch in the Lion's Den from the "Value Menu" by 12:15pm, then head over to the workshop in SAS #120 (next to Coffee Bar) with your lunch.
**Please sign up for "Pantry Soft". Signing up for Pantry Soft is a one-time requirement. **
PANTRY SOFT
Access PantrySoft

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CalWORKs Workshops

For more information, visit our workshop webpage:

mvc.edu/calworks-events

February			
Couples and Money (Co-hosted by credit.org)	2/22 (Thurs)	12:50 -1:50pm	Virtual (Zoom)
New/Continuing Student Orientation	2/27 (Tues)	11:30 am - 2pm	In-Person SAS #207
New/Continuing Student Orientation	2/29 (Thurs)	10 am - 12:30 pm	Virtual (Zoom)

<p>March</p> <p>Improve Your Self-Esteem</p>	<p>3/5 (Tues)</p>	<p>1 - 2 pm</p>	<p>Virtual (Zoom)</p>
<p>Lunch with Terrie & Hannah</p>	<p>Wednesdays (begins 3/6)</p>	<p>12:30 - 1:45 pm</p>	<p>In-Person Sas #120</p>
<p>Student-Parent Group</p>	<p>Fridays</p>	<p>9 - 10 am</p>	<p>Virtual (Zoom) In-person (1xmonth) 9-11 am</p>
<p>Career Spotlight on Social Work</p>	<p>3/19 (Tues)</p>	<p>12 - 2 pm</p>	<p>In-person & Virtual (Hybrid) Lib #205</p>
<p>Surviving a Job Loss or Reduced Income</p>	<p>3/28 (Thurs)</p>	<p>12:50 - 1:50pm</p>	<p>Virtual (Zoom)</p>

<p>April</p> <p>Discovering and Managing our Stressors</p>	<p>4/16 (Tues)</p>	<p>1-2pm</p>	<p>Virtual (Zoom)</p>
<p>Lunch with Terrie: Book Club</p>	<p>Wednesdays</p>	<p>12:30 - 1:45 pm</p>	<p>In-person SAS #120/121</p>
<p>Student-Parent Group</p>	<p>Fridays</p>	<p>9 - 10 am</p>	<p>Virtual (Zoom) In-Person (1xmonth) 9 - 11 am</p>
<p>Career Spotlight on Nursing</p>	<p>4/30 (Tues)</p>	<p>12 - 2 pm</p>	<p>In-Person & Virtual (Hybrid) SAS #101</p>
<p>Roadmap to Financial Freedom (Debt Management) (Co-hosted by Credit.org)</p>	<p>4/25 (Thurs)</p>	<p>12:50pm-1:50pm</p>	<p>Virtual (Zoom)</p>

<p>May</p> <p>Managing Test Anxiety</p>	<p>5/7 (Tues)</p>	<p>1 - 2 pm</p>	<p>Virtual</p>
<p>Lunch with Terrie & Hannah</p>	<p>Wednesdays *Ends 5/29</p>	<p>12:30 - 1:45</p>	<p>In-Person Sas #120</p>
<p>Student Parent Group</p>	<p>Fridays</p>	<p>9 - 10 am</p>	<p>Virtual in-person (1xmonth) 9 - 11 am</p>
<p>Career Spotlight Topic TBA</p>	<p>5/21 (Tues)</p>	<p>12 - 2 pm</p>	<p>In-Person & Virtual (Hybrid) Lib #205</p>
<p>The Wise Use of Credit (Co-hosted by credit.org)</p>	<p>5/23 (Thurs)</p>	<p>12:50 - 1:50 pm</p>	<p>Virtual</p>

<p>June</p> <p>Student Parent Group</p>	<p>Fridays</p>	<p>9 - 10 am</p>	<p>Virtual In-person (1xmonth) 9 - 11 am</p>
<p>Graduation & Beyond Celebration for Graduates *for graduating and transfer students only</p>	<p>6/6 (Thurs)</p>	<p>TBA</p>	<p>In-person SAS #101</p>
<p>The Basics of Financial Planning (Co-hosted by credit.org)</p>	<p>6/27 (Thurs)</p>	<p>12:50 - 1:50 pm</p>	<p>Virtual (Zoom)</p>